Transition to Next Solar Cycle
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**ACTION**
Look back to see whereby I came from. I follow my footprints starting with the last ones and reaching the first ones of the present Solar Cycle/Year. Going I feel roads walked by, coming I gather what I did.

**REFERENCE**
Transformation moments on the Wheel of Life between Autumn Equinox and Winter Solstice

**MAGICAL TOUCH**
Reconstruct your journey feeling not judging, appraising not pondering, reconigizing yourself not criticizing, reconstructing not adding.

**DORKHYT**
Synchronization counter clock wise

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**Transición al Próximo Ciclo Solar**

Ximena Eduarda - Territorios de Nuestra Señora de La Paz, Bolivia - 2009
**ACTION**
On Retrospective that showed me whereby I came from, I reflect 8 times discerning what ...

- I continued from last cyce/year*
- I nourished
- came up
- kept me busy
- I expanded
- I changed
- I achieved
- I gathered

I try that each reflection ends up choosing words that best represent my journey: less words, more clearness.

* Wheel of Life for Solar Cycle has a year starting and ending with Winter Solstice

**REFERENCE**
RETROSPECTIVE results

**MAGICAL TOUCH**
Three questions looking at my reflections to see where I am going:

- Whereby did life take me without me deciding?
- How much of my journey carries my personal seal following my decisions?
- How much of my journey allowed me to build my dream?

**DORKHYT**
Evocator applied after answers are given, listening to hear what I forgot

**FORESIGHT**
- Interval 2 -

Search
Where am I going?

Duration
Aprox. 11 days
**ACTION**
Knowing whereby I came from and where I am, I can decide:

- What from my journey is me (has my imprint and I feel good recognizing it)
- What is not mine
- What I do not need
- What benefited others whether I looked for it or not
- What benefited others and not me!
- What benefited me and not others
- What I wish to continue
- What I want to change

**REFERENCE**
Results from RETROSPECTIVE and FORESIGHT

**MAGICAL TOUCH**
I have seen who I am been and now I will go deeper:

- If I continue on that road where will it take me?
- Which role(s) did I have on my journey?
- Is that what I am or want to be?

**DORKHYT**
After the Magical Touch, use the activation words to connect with yourself and then ask which is my role?
ACTION
Carrying inside my retrospective, foresight and distribution I journey to my origins. Inhaling my breath says 'now clam down', you have already spoken. Exhaling whispers 'it is your turn to listen'. So I breath three times.

I feel the powerfulness of transforming cosmic influences in this moment. I look for the Galactic Centre (in the Southern Hemisphere looking at the Southern Cross) and I synchornize to her heartbeat. Folds between worlds already opened allow me to come before my ancestors, I honor them following my customs.

While I remember them, I salute them, as I salute I reflect my Retrospective, Foresight and Distribution; while I reflect I transmit my query: where do I come from? (in non dense worlds fluids come and go without language in between and thoughts are ideas in images that run by themselves).

I quiet myself until the deepest silence, letting myself be between worlds. They will come to me. I do not worry about writing down anything now, the forcefulness of what I receive will impregnate me forever.

My origins reveal my unseen worlds and I remember that there events are multidimensional, when I meet some aspect of my roots, I will also be receiveing mandate on my path, as well as glimpses of who I am and which my purpose in life, perhaps simultaneously the answer to a situation pressing me, perhaps the signal towards where I will lead my life to.

REFERENCE
Results from Retrospective, Prevision and Distribution

MAGICAL TOUCH
Appeasement of outside world and entering my unseen worlds

DORKHYT
After synchronizing, concentrate on the center of your Evocator to journey into your origins.

Transición al Próximo Ciclo Solar
This interval is the inflection point to incubate life for next Solar cycle/Year based on life created during the present cycle, and it is journeyed in two simultaneous dimensions: 1. deciding what I want, and 2. listening to what life indicates to walk by.

ACTION 1: What I Want
I will plan what I want, one step each day:

This is what I want to achieve next* Solar Cycle/Year:____________________________________
This is what I value from this cycle/year that will help me achieve what I want:____________________________________
This is what I will create to achieve what I want:____________________________________
These are the efforts I will make to achieve it:____________________________________
This is what I need to grow in order to achieve it:____________________________________
This is what I will change to achieve it:____________________________________
This is what will change in my life when I achieve it:____________________________________
This is what I will cause with my achievement:____________________________________

*If you wish you can do it for two or more years, but it will be important to specify what you will achieve in each year/cycle.

REFERENCE
Results from transition

MAGICAL TOUCH
Integrating into what I want the first four intervals of the transition

DORKHYT
When I define each step, I apply the synchronizer to align with my purpose in life

REFLECTION
- Interval 5 -
(Part I)

Actions:
1. What I want
2. What life is indicating

Search
Where am I going?

Duration
Approx. 11 days
**ACTION 2: What life is indicating**
During this interval I will follow what life shows me. Each thing, situation, event or happening that crosses my road is important. I just listen, without reacting. And I write down everything approaching, coming up or happening during the day.

At night or first hour in the morning, if I run out of time, I put in order what life showed me, separating what happened to me and I was part of, from what I just passed by and came up without looking/waiting for it.

On each one I passed by without lookin/waiting for it, I look for the keys or messages I received (all keep something). My results will tell me what I have to integrate for next Solar Cycle/Year.

On each one I was part of, I find synchronizations between: what I am in those worlds and where I come from. My results will tell me if I am on my paths or if I still have to make an effort to fulfill my purpose in life.

**REFERENCE**
Whatever happens to me during this interval

**MAGICAL TOUCH**
If I listen without reacting I find the keys. If I listen to others I recognize myself in them. If I am conscious of my worlds, I synchronize to my origins. If I listened I piece together the keys and synchronizations to see where I am going.

**DORKHYT**
I apply it to comprehend what life is indicating that is not clear to me concentrating on the turns of my Cosmic Seal.

**REFLECTION**
- **INTERVAL 5 -** (Part 2)

**Actions:**
1. What I Want
2. What life is indicating

**Search**
Where am I going?

**Duration**
Approx. 11 days
**ACTION**

To achieve what I want I will start by ________________________________

This is the order for things I will do in order to achieve it ________________________________

This is what I need to achieve it ________________________________

This is what I will do to sustain my effort daily ________________________________

**REFERENCE**

Interval 5 – Reflection showing me where I am going, whereby and what I will obtain.

**MAGICAL TOUCH**

Results of my reflection and disposition become guidance for my days and based on them I decide what to do

**DORKHYT**

On synchronization I focus on feeling the rhythm of the heartbeat I will walk with on next solar cycle/Year and I apply it on things I will do.

**Search**

What will I take where I am going?

**Duration**

Approx. 11 days
**ACTION**
This Solar Cycle/Year I received life and in gratitude for that life, forces and potencies that caused it and to Mother Earth that sheltered and nourished me, I dance agitating energies that compose life in my life.

I dance together with the life of those who share with me these territories and together we made life possible.

I dance with my flavour of life in this cycle/year: whereby I came from this cycle, where I am at the end of the road, who I have been in that road, who I am always, where I am going now and what I am taking with me.

I dance also to say farewell to life in this Solar Cycle/Year impregnating myself with surrounding energies in order to come back next Solar Cycle/Year.

**REFERENCE**
My life during this Solar Cycle/Year

**MAGICAL TOUCH**
When I dance I feel how energies move around and though my physical body, then I also feel the planetary heartbeat

**DORKHYT**
I evoke the rythm of my unseen worlds and dance with them
**ACTION**
I withdraw my life into the regenerating repose, during the day I am a silent spectator and at night I repose in this world as well as in unseen ones.

While reposing I listen how violence quiets down and racism placates.

During regeneration I reach life in my surroundings: how many people are chasing and creating their dreams? I do it in the quietness of my memory for it is the best indicator to value the quality of life I have, that of my people's, my territories and all existence within them.

At the zenith of my withdrawal I recognize my new roles for coming years and look for my place in Shifting after transformations in new realities we are already living.

**REFERENCE**
Appeasement silence

**MAGICAL TOUCH**
Stop daily turmoil in order to regenerate life

**DORKHYT**
I turn with the Synchronizer until I feel quietness