

THE SOLITARY DRUID FELLOWSHIP

SPRING EQUINOX DEVOTIONAL

MAY YOU FIND PEACE AND JOY IN THE BALANCE OF THE EQUINOX!

This spring equinox devotional can be used independently, or as a component of the SDF September Equinox liturgy.

The spring equinox festival marks the return of life and greenery to the world, the joyful growth of youth and new beginnings. It also honors the balance of light and dark, the moment when day and night are equal.

In solitude, you are encouraged to think of ways how that balance is reflected in your life. In what ways are you balanced between light and dark? What changes are behind you? What developments are ahead of you?

To celebrate this colorful time of year, try decorating your altar for the spring with fresh flowers and representations of young animals. Find a way to show balance in your decorations. Be creative! Experiment and have fun!

Another exciting way to celebrate the equinox is to compile a CD of spring-inspired music. Listen to tracks that bring the equinox alive in your ears and in your heart. Sing and dance your joy and peace in the balance of the season!

Solitary practice can be just as joyful and jubilant as group practice. Solitude does not require us to be somber. We can cultivate a wonderful happiness while practicing alone.

In whatever way you choose to express the joyful balance of the equinox, may your observance be blessed! May you feel the peace of the balanced night and day, and may you be inspired to go out into the world and rejoice!

MAY YOU PRAY WITH A GOOD FIRE.

This work is created by Teo Bishop and Kristin McFarland for the Solitary Druid Fellowship,
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Bright blessings to you.

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*[Statement of Purpose]

I am poised at the moment of balance—
The Earth turns her face to the light, awakening all life.
I have slept through the long night of winter,
And now I prepare for the work and joy of the spring!

I honor the darkness,
The shadows of night, of the waters, of the soul,
The death-bringing cold of the winter behind me,
Whose embrace has sheltered and renewed me.

I honor the light,
The fire of the Sun, of the hearth, of the heart,
The life-giving warmth of the spring before me,
Whose potential inspires and drives me.

Hail the balance of light and dark—
Hail the sleep, hail the awakening—
And hail the spaces in between!

*[Final Affirmation]

I give thanks for this moment of balance—
For this time of peace and celebration.
The bounty of the light sustains me,
And the rest of winter has revived me.

I have made offerings with joy and gratitude:
My work upholds the balance.
I honor the Kindred of light and dark, life and death;
I hold sacred my place in their cycle of change.

Hail the balance of the cosmos!

*These titles correspond to the SDF September Equinox liturgy, available at solitarydruid.org. If you are using this devotional outside of the High Day liturgy, you may consider combining these two parts into one.